

January 2022

**Peitao Zhu, Ph.D., LPC, NCC**  
Assistant Professor  
Department of Counseling and Higher Education  
College of Education  
Northern Illinois University  
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## EDUCATION

*School of Education, Syracuse University* Syracuse, NY  
**Ph.D.**, Counseling and Counselor Education - CACREP Accredited 2020  
-Dissertation: *The Development and Initial Validation of the Cultural Humility and Enactment Scale in Counseling* (Awarded 2019-2020 All-University Doctoral Dissertation Prize)  
-Dissertation committee: Dr. Yanhong Liu (chair), Dr. Melissa M. Luke, & Dr. Qiu Wang  
-Cognate: Relational, Social, and Cultural Perspectives of Complex Trauma

*School of Medicine, Boston University* Boston, MA  
**M.A.**, Mental Health Counseling and Behavioral Medicine – CACREP Accredited 2016

*School of Life Science, Fudan University* Shanghai, China  
**B.S.**, Biotechnology 2010

## LICENSURE/CERTIFICATION

National Certified Counselor  
Licensed Professional Counselor (IL; 178.016505)  
Certificate in University Teaching (Awarded by Syracuse University)  
Certificate in Effective College Instruction (Jointly awarded by the Association of College and University Educators and the American Council on Education)

## ACADEMIC APPOINTMENT

**Northern Illinois University** DeKalb, IL  
Assistant Professor (Tenure-track) Fall 2020-present  
Department of Counseling and Higher Education

## PUBLICATIONS

### Refereed Articles

13. **Zhu, P.** & Zhou, X. (2023). The polyphonic narrative voices within an LGB-identifying international sojourner: A dialogical self perspective. *Journal of Constructivist Psychology*.  
<http://dx.doi.org/10.1080/10720537.2023.2168807>
12. Li, C., **Zhu, P.**, & Loveless, C. (2022). Counselors' challenging experience in integrated behavioral healthcare: A qualitative exploration. *Counselor Education and Supervision*.  
<http://doi.org/10.1002/ceas.12258>

11. **Zhu, P.**, Isawi, D., & Luke M. (2022). A discourse analysis of cultural humility within counseling dyads. *Journal of Counseling & Development*. Advanced online publication. <https://doi.org/10.1002/jcad.12457>
10. **Zhu, P.** & Luke, M. (2022). A supervisory framework for systematically attending to the outcomes in clinical supervision. *International Journal for the Advancement in Counselling*. 44, 94-111. <http://doi.org/10.1007/s10447-021-09455-9> [Cited by 1]
9. **Zhu, P.**, Liu, Y., Luke, M., & Wang, Q. (2022). The development and initial validation of the cultural humility and enactment scale in counseling. *Measurement and Evaluation in Counseling and Development*. <http://doi.org/10.1080/07481756.2021.1955215> [Cited by 2]
8. Liu, Y., **Zhu, P.**, & Li, D. (2022). Development of mutual empathy through experiential growth groups grounded in the relational-cultural model. *Journal for Specialists in Group Work*. <https://doi.org/10.1080/01933922.2021.1950880>
7. Liu, Y., **Zhu, P.**, & Turner, A. D. (2021). Counselor Trainees' Personal Growth through Interpersonal Experiential Growth Groups: An Instrumental Case Study. *The Journal of Counselor Preparation and Supervision*, 14(4). <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/9>
6. **Zhu, P.**, Luke, M., & Bellini, J. L. (2021) A grounded theory analysis of cultural humility in counseling and counselor education. *Counselor Education and Supervision*, 60(1), 73-89. <https://doi.org/10.1002/ceas.12197> [Cited by 19]
5. **Zhu, P.**, & Zheng, Y. (2020). Constructivist retelling of the Epic of Gilgamesh: Implications for the COVID-19 Pandemic. *Journal of Constructivist Psychology*. <https://doi.org/10.1080/10720537.2020.1786867> [Cited by 4]
4. **Zhu, P.**, Lau, J., Navalta, C. P. (2020). An ecological approach to understanding pervasive and hidden shame in complex trauma. *Journal of Mental Health Counseling*, 42(2), 155-169. <https://doi.org/10.17744/mehc.42.2.05> [Cited by 21]
3. **Zhu, P.** (2019). A metatheoretical analysis of Interpersonal Psychotherapy: challenges with dissemination and pathways toward integration. *Romanian Journal of Counseling*, 5(1), 3-37.
2. Zhou, X., **Zhu, P.**, & Miao, I. Y. (2019). Incorporating an acculturation perspective into the Integrative Developmental Model (IDM) in supervising international trainees. *Training and Education in Professional Psychology*. 14(4), 324-330. <http://dx.doi.org/10.1037/tep0000278> [Cited by 8]
1. **Zhu, P.** (2018). Experiential growth group in counselor education: a review of its pedagogy, research, and ethical dilemmas. *The Journal for Specialists in Group Work*, 43(2), 144-165. <https://doi.org/10.1080/01933922.2018.1451581> [Cited by 24]

### **Book Chapters**

1. Liu, Y. Li, D., & **Zhu, P.** (In press). *Children experiencing grief and loss*. (Editors) The Handbook of Research on Trauma in Children. Cognella Publications.
2. **Zhu, P.** (2019). Undergraduate Peer Mentoring Programs for Improved Social Support and Mental Health. In P. A. Burak (Eds.). *Addressing Mental Health Issues and International Students*. NAFSA: Association of International Educators.

### **Manuscripts Under Review or in Progress**

1. **Zhu, P.**, Liu, Y, Luke, M. M., & Qiu, W. (Under Review). cultural humility and cultural competence in counseling: an exploratory mixed methods study.
2. **Zhu, P.**, Liu, Y., & Xiong, Y. (under review). Cohesiveness-focused Experiential Growth Group: A single-case research design.
3. **Zhu, P.**, Chen, C-C., Liu, Y. & Luke, M. (Data analysis completed, manuscript in preparation). Item response

theory and measurement invariance analysis Cultural Humility and Enactment Scale.

4. **Zhu, P.**, Litherland, G. R., Bell, T., & Luke, M. (Data collection completed, analysis in process). A consensual qualitative research of professional wisdom in counseling and counselor education.

### Non-referred Publications

1. **Zhu, P.** (2018). Editorial Note. *NARACES Graduate Gazette*. North Atlantic Region Association for Counselor Education and Supervision. 1(2), 1.
2. Duquette, K. & **Zhu, P.** (2018). Editorial Note. *NARACES Graduate Gazette*. North Atlantic Region Association for Counselor Education and Supervision. 1(1), 2.

### Media

1. **Zhu, P.** (Association of Assessment and Research in Counseling). (2022, March). Cultural Humility. [Audio podcast episode]. In *Assessment Talk*. <https://anchor.fm/association-for-assessment-and-research-in-counseling/episodes/Cultural-Humility-with-Dr--Peitao-Zhu-e185rru/a-a6kemi3>
2. **Zhu, P.** & Luke, Melissa. (Gina Martin & Gideon Litherland). (2021, July 25). The one about cultural humility in counselor education. [Audio podcast episode]. In *Supervision Time*. <https://open.spotify.com/episode/6EsfpAtj3WTAOtG5ce7Qrz?si=1e264197cd6f4dd9>
3. **Zhu, P.** & Grad, R. I. (Marty Jencius & Eric Baltrinic). (2018, December). *International students and faculty in the U.S.* [Audio podcast episode]. In *The Faculty Meeting*. <https://itunes.apple.com/us/podcast/the-faculty-meeting/id1289763425?mt=2>
4. McGowan, M. (2022, October 5). *Peitao Zhu creates Methods Café to offer support for researchers in counseling*. Northern Illinois University College of Education News. <https://cedu.news.niu.edu/2022/10/05/peitao-zhu-creates-methods-cafe-to-offer-support-for-researchers-in-counseling/>

## GRANTS

### Funded

8. **Co-investigator:** Lee, I., **Zhu, P.**, & Isawi, D. (2022). Use of simulation technology to promote deliberate practice within counselors-in-training. **Awarded \$2,500** through Northern Illinois University College of Education Instruction Innovation Grant.
7. **Primary Investigator:** **Zhu, P.** (2022). Program Evaluation of the Weekends of Recovery (WORs) for male survivors of sexual victimization. **Awarded \$55,635.00** by MenHealing, LLC.
6. **Primary Investigator:** **Zhu, P.**, Litherland, G., & Luke, M. M. (2021). Wisdom in counseling and counselor education: A consensual qualitative research. **Awarded \$625.00** by the North Central Association for Counselor Education and Supervision 2021 Research Grant Competition.
5. **Primary Investigator:** **Zhu, P.** & Isawi, D. (2020). A mixed-method investigation of the development and enactment of cultural humility within Practicum-level counselors. **Awarded \$2445.00** by the Northern Illinois University College of Education Dean's Research Grant.
4. **Co-investigator:** Chan, C. D., Dari, T., Chen, C-C, **Zhu, P.**, & Borden, N. J. (2020). A Path Analysis of Cultural Humility between Multicultural Awareness, Knowledge, and Skills and Social Issues Advocacy among Master's Counseling Students. **Awarded \$500.00** by the Southern Association for Counselor Education and Supervision Research Grant.
3. **Primary Investigator:** **Zhu, P.**, Liu, Y., Luke, M. M., & Wang, Q. (2020). The Development and Initial Validation of the Cultural Humility and Enactment Scale in Counseling. **Awarded \$1625.00** by the AARC Sponsored Scholarship Program.

2. **Primary Investigator: Zhu, P.,** Liu, Y., Luke, M. M., & Wang, Q. (2020). The Development and Initial Validation of the Cultural Humility and Enactment Scale in Counseling. **Awarded \$900.00** by Syracuse University School of Education Research and Creative Grant.
1. **Primary Investigator: Zhu, P. &** Liu, Y. (2019). A Case Study on Relational Empathy and Perceived Cultural Humility in an Experiential Growth Group. **Awarded \$800.00** by the Association for Specialists in Group Work Research Grant.

#### Application Under Review or Unfunded

4. Co-investigator: Isawi, D. & **Zhu, P.** (2022). Examining the role of cultural humility in relational growth, satisfaction, and conflicts among intercultural couples. Applied for \$14,768.71 through Northern Illinois University Research & Artistry Grant Competition. Application under review.
3. **Primary Investigator: Zhu, P.,** Luke, M. M., & Bellini, J. L. (2018) A grounded-theory analysis of cultural humility in counseling and counselor education. Applied for \$2,500.00 through Syracuse University 2018 Joan Burstyn endowed Fund for Collaborative Research. Unfunded.
2. **Primary Investigator: Zhu, P.,** Luke, M. M., & Bellini, J. L. (2017) A grounded-theory analysis of cultural humility in counseling and counselor education. Applied for \$2,500.00 through the Society for Psychotherapy Research Small Research Grant. Unfunded.
1. **Primary Investigator: Zhu, P.,** Luke, M. M., & Bellini, J. L. (2017) A grounded-theory analysis of cultural humility in counseling and counselor education. Applied for \$500.00 through the Association for Counselor Education and Supervision Research Grant Competition. Unfunded.

## REFERRED PRESENTATIONS

### INTERNATIONAL

8. **Zhu, P.,** Isawi, D. & Luke, M. M. (September 2022). *A Discourse Analysis of Cultural Humility within Counseling Dyads*. Society for Psychotherapy Research Annual International Conference. Denver, CO.
7. **Zhu, P.,** Chen, C. & Wang, Q. (September 2022). *Validation of the Cultural Humility and Enactment Scale through IRT and Measurement Invariance Testing*. Society for Psychotherapy Research Annual International Conference. Denver, CO.
6. **Zhu, P. &** Luke, M. (July 2021). An integrative model for systematically attending to supervision outcomes. International Interdisciplinary Conference on Clinical Supervision Annual Conference. Washington, DC.
5. Iwakabe, S., Krause, M., Schweltzer, R., Heatherington, L. Joo, Eunsun, ..., **Zhu, P.** (June 2021). The Society for Psychotherapy Research Interest Section of Culture and Psychotherapy (SPRISCAP) Collaboration Project: Experiences of Depression Across the World. Society for Psychotherapy Research Annual International Conference. Heidelberg, Germany.
4. **Zhu, P.,** Liu, Y, Luke, M., & Wang, Q. (June 2021). The Development and Initial Validation of the Cultural Humility and Enactment Scale in Counseling. Society for Psychotherapy Research Annual International Conference. Heidelberg, Germany.
3. **Zhu, P.** (June 2018). The supervisory working alliance: how does it affect supervision outcomes? Society for Psychotherapy Research Annual International Conference. Amsterdam, Netherlands.
2. **Zhu, P.** (June 2018). A grounded-theory analysis of cultural humility in counseling and counselor education. Society for Psychotherapy Research Annual International Conference. Amsterdam, Netherlands.
1. **Zhu, P.** (June 2017). The pervasive shame in complex trauma: an ecological view. Society for Psychotherapy Research Annual International Conference. Toronto, Canada.

NATIONAL

21. **Zhu, P.**, Luke, M. M., Liu, Y. & Wang, Q. (September 2022). *Cultural Humility and Cultural Competence in Counseling: An Exploratory Mixed Method Investigation*. Association for Assessment and Research in Counseling Annual Conferences. St. Louis, MO.
20. **Zhu, P.**, Chen, C. & Wang, Q. (September 2022). *Validation of the Cultural Humility and Enactment Scale through IRT and Measurement Invariance Testing*. Association for Assessment and Research in Counseling Annual Conference. St. Louis, MO.
19. **Zhu, P.**, Liu, Y. & Xiong, Y. (February 2022). Cohesiveness-focused Experiential Growth Group: A Pilot Study. Association for Specialists in Group Work Biannual Conference. Atlantic Beach, FL.
18. Liu, Y., **Zhu, P.**, & Li, D. (February 2022). A Mixed Methods Case Study on Mutual Empathy through Experiential Growth Groups. Association for Specialists in Group Work Biannual Conference. Atlantic Beach, FL.
17. Roberts, A., Fickling, M., & **Zhu, P.** (October 2021). Utilizing Instrumental Case Study Design with Directed Content Analysis. Association for Counselor Education and Supervision Biannual Conference. Atlanta, GA.
16. Matthews, R., Deaton, J., Thomas, N., Hickman, D., Brasher, C., Fleming, A., & **Zhu, P.** (October 2021). Is This Normal or Is This COVID?!: First-Year Faculty Experiences During the Time of COVID-19. Association for Counselor Education and Supervision. Biannual Conference Atlanta, GA.
15. Chan, C., Dari, T., Chen, C-C, **Zhu, P.**, & Border N. (October 2021). A Path Analysis of Cultural Humility Between Multicultural Awareness, Knowledge, and Skills and Social Issues Advocacy among Master's Counseling Students. Association for Counselor Education and Supervision. Biannual Conference. Atlanta, GA.
14. Li, C., **Zhu, P.**, & Loveless C. (October 2021). Experience and Training Needs for Counselors Working in the Integrated Behavioral Healthcare (IBH) Setting. Association for Counselor Education and Supervision Biannual Conference. Atlanta, GA.
13. **Zhu, P.**, Isawi, D., & Luke, M. (October 2021). A Mixed-method Investigation of Cultural Humility within Practicum Counselors-in-Training. Association for Counselor Education and Supervision Biannual Conference. Atlanta, GA.
12. **Zhu, P.**, Liu, Y. & Luke, M. (September 2021). The Development and Initial Validation of the Cultural Humility and Enactment Scale in Counseling. Association for Assessment and Research in Counseling Annual Conference. Cincinnati, OH.
11. Schroder, K., Stevens, M., Xiong, Y., & **Zhu, P.** (January 2020). Group Work Scholars Wanted: How to Join the Conversation. Association for Specialists in Group Work Biannual Conference. Puerto Rico.
10. Liu, Y., **Zhu, P.**, & Turner, A. D. (January 2020) "Weird, but it actually worked": Understanding Personal Growth through Experiential Growth Groups. Association for Specialists in Group Work Biannual Conference. Puerto Rico.
9. Liu, Y. & **Zhu, P.** (October 2019) Initial Measure Development and Validation: Item Generation, Factoriality, and Structural Confirmation. Association for Counselor Education and Supervision Biannual Conference. Seattle, WA.
8. **Zhu, P.** (October 2019). A grounded-theory analysis of cultural humility in counseling and counselor education. Association for Counselor Education and Supervision Biannual Conference. Seattle, WA.
7. Schroder, K., Kiweewa, J., Stevens, M., & **Zhu, P.** (October 2019). Group Work Scholars Wanted: How to Join the Conversation. Association for Counselor Education and Supervision Biannual Conference. Seattle, WA.

6. Grad, R. I., & **Zhu, P.** (September 2019). Therapeutic Alliance among Individuals who Experienced Childhood Interpersonal Trauma: The Role of Cultural Humility, Therapeutic Presence, and Attachment Style. Association for Assessment and Research in Counseling. San Antonio, TX.
5. **Zhu, P.** (July 2019). A grounded-theory analysis of cultural humility in counseling and counselor education. Society for Psychotherapy Research Annual International Conference. Buenos Aires, Argentina.
4. **Zhu, P.** (Feb. 2018). How do experiential growth groups benefit counselors-in-training? Association for Specialists in Group Work Biannual Conference. Savannah, GA.
3. **Zhu, P.** & Luke, M. (Oct. 2017). Teaching constructivism or constructivist teaching? Lesson learned in counseling theories pedagogy. Association for Counselor Education and Supervision Biannual Conference. Chicago, IL.
2. **Zhu, P.**, Craigen, L. & Navalta, C. (Oct. 2017). Infusing trauma-informed pedagogies into counselor training. Association for Counselor Education and Supervision Biannual Conference. Chicago, IL.
1. **Zhu, P.** & Mazor-Thomas, Y. (Oct. 2015). What your student won't tell you about the small group experience: a master's level student perspective. Association for Counselor Education and Supervision Biannual Conference. Philadelphia, PA.

#### REGIONAL

7. Lee, I., Kim, J., & **Zhu, P.** (September 2022). ACES international students and faculty interest network. North Central Region Association of Counselor Education and Supervision Biannual Conferences. Omaha, NE.
6. **Zhu, P.** & Isawi, D. (September 2022). *A Discourse Analysis of Cultural Humility within Counseling Dyads*. North Central Region Association of Counselor Education and Supervision Biannual Conferences. Omaha, NE.
5. **Zhu, P.**, Craigen, L. & Field, T. (September 2018) The dynamics of trauma: shame, vulnerability and self-compassion. North Atlantic Region Association for Counselor Education and Supervision Biannual Conference. Burlington, VT.
4. **Zhu, P.** (September 2018). Experiential growth groups: theory, evidence and innovation. North Atlantic Region Association for Counselor Education and Supervision Biannual Conference. Burlington, VT.
3. **Zhu, P.** & Darkis, J. (September 2018). The supervisor working alliance: a critical examination. North Atlantic Region Association for Counselor Education and Supervision Biannual Conference. Burlington, VT.
2. **Zhu, P.** (March 2017). The pervasive shame in complex trauma: an ecological view. International Society for the Study of Trauma and Dissociation Annual Conference. Washington, D.C.
1. **Zhu, P.** (March 2017). Addressing the pervasive shame in complex trauma. International Society for the Study of Trauma and Dissociation Annual Conference. Washington, D.C.

#### INVITED SPEAKER/PRESENTER

9. **Zhu, P.** (Feb 2022). *Navigating dissertation process*. COUN790 Research in Counselor Education at Northern Illinois University. Delivered virtually.
8. **Zhu, P.** (Nov 2021). *Successfully surviving your doctoral program*. ACES International Student and Faculty Interest Network Panel Discussion. Delivered virtually.
7. **Zhu, P.** (July 2021). *Navigating scholarly and professional development in counselor education*. Counseling Scholarship and Professional Development course at Barry University. Delivered virtually.
6. **Zhu, P.** (April 2021). *Navigating job searching in counselor education*. COU950 Doctoral Internship at Syracuse University. Delivered virtually.

5. **Zhu, P.** (March 2021). *Group work pedagogy*. COUN 800 Pedagogy and the Teaching of Groups at Syracuse University. Delivered virtually.
4. **Zhu, P.** (January 2021). *Cultural humility and counseling relationship in complex trauma*. University of California San Francisco Trauma Recovery Center. Delivered virtually.
3. **Zhu, P.** (December 2020). *Cultural humility in counseling and clinical supervision*. Association for Contextual Behavioral Health. Delivered virtually.
2. **Zhu, P.** (November 2020). *Consensual qualitative research (CQR): overview of data collection and analysis strategies*. Northern Illinois University Qualitative Inquiry Collaborative. Delivered virtually.
1. **Zhu, P.** (October 2020). *Cultural humility in counseling and clinical supervision*. Association of Chinese Helping Professionals and Psychologists–International. Delivered virtually.

## **EDITORIAL BOARD SERVICES**

### **Editorial Board Member, Counselor Education and Supervision (July 2020 - present)**

- 7 reviews completed

### **Editorial Board Member, Journal of Counseling and Development (July 2021 - present)**

- 9 reviews completed

### **Editorial Board Member, Journal for Specialists in Group Work (August 2020 - present)**

- 11 reviews completed

### **Ad Hoc Reviewer, The Clinical Supervisor (April 2022 - present)**

- 3 reviews completed

### **Ad Hoc Reviewer, Journal of Constructivist Psychology (June 2020 - present)**

- 6 reviews completed

### **Editorial Board Member, Chinese Mental Health Professionals (January 2022 – present)**

- 2 reviews completed

## **TEACHING**

### **Northern Illinois University**

Department of Counseling and Higher Education, College of Education

### **Assistant Professor/Instructor of Record**

- **COUN524 Foundation for Clinical Mental Health Counseling:** Spring 2022, Spring 2023
- **COUN530 Theories of Counseling:** Fall 2021, Fall 2022
- **COUN540 Group Counseling:** Spring 2022, Spring 2021
- **COUN550 Practicum:** Fall 2020, Spring 2021
- **COUN593 Crisis Intervention:** Summer 2022
- **COUN715 Concepts in Trauma-informed Counseling:** Fall 2021, Fall 2020, Fall 2022
- **COUN716 Counseling for Complex Trauma:** Spring 2022, Spring 2021, Spring 2023
- **COUN718 Wellness and Resilience in Trauma-informed Counseling:** Summer 2021
- **COUN730 Advanced Theories:** Fall 2022
- **COUN752 Clinical Supervision:** Spring 2023

Syracuse University

Department of Counseling and Human Services, School of Education

**Co-instructor/Teaching Assistant**

- **COU 878 Seminar in Advanced Theory:** Fall 2019
- **COU 624 Theories of Counseling:** Fall 2019
- **COU 614 Group Work in Counseling:** Spring 2019
- **COU723 Psycho-Social-Cultural Aspects of Disabilities:** Fall 2018
- **CFS 479 Power, Conflict, Violence, and the Family:** Fall 2018 (*Guest Lecturer*)
- **COU 651 Crisis Counseling:** Summer 2018
- **COU 612 Professional Orientation and Ethical Practice:** Fall 2017
- **COU 790 Internship:** Summer 2017
- **COU 758 Research Methods:** Spring 2017
- **COU 624 Theories of Counseling:** Fall 2016

**DISSERTATION/ACADEMIC COMMITTEES****Doctoral Dissertation Committees**

- **Member,** Patrick McMillion, Counselor Education and Supervision, Northern Illinois University, Dissertation defended (Fall 2022)
- **Member,** Katie Rodenkirch, Northern Illinois University, Dissertation proposal Defended (Fall 2022)
- **Co-chair,** Adam Gregory, Counselor Education and Supervision, Northern Illinois University, Dissertation defended (Summer 2022)
- **Member,** Giselle Navarro, Northern Illinois University, proposal defended (Summer 2022)
- **Member,** Lucas Demonte, Northern Illinois University, proposal in development (Summer 2022)
- **Member,** Laura Trippiedi, Northern Illinois University, proposal in development (Spring 2022)
- **Member,** Ashley Roberts, Counselor Education and Supervision, Northern Illinois University, Dissertation defended (Spring 2022)
- **Co-chair,** Mike Caverly, Counselor Education and Supervision, Northern Illinois University, Dissertation defended (Spring 2022)
- **Co-chair,** Laura Piccolo, Northern Illinois University, proposal in development (Spring 2022)
- **Member,** Leslie Albion, Counselor Education and Supervision, Northern Illinois University, Dissertation proposal in development (Spring 2021)

**AWARDS AND RECOGNITIONS**

Emerging Leader	2021	Association for Counselor Education and Supervision
All-University Dissertation Award	2020	Syracuse University
Laura Rice Memorial Research Award	2019	Society for Psychotherapy Research
Graduate Student Fellowship Award	2019	American Educational Research Association Division E
Steinhardt Faculty First-look Scholar	2019	New York University
Emerging Leader	2018	North Atlantic Region ACES (NARACES)
Spector-Warren Fellowship	2016	Syracuse University
University Fellow	2016	Syracuse University
Graduating Class Speaker	2016	Boston University School of Medicine MHCMB Program

**PROFESSIONAL SERVICE AND LEADERSHIP**PROFESSIONAL ORGANIZATIONS



Association for Counselor Education and Supervision (ACES)

- International Students and Faculty Interest Network NCACES co-facilitator (2022 – present)
- ACES Membership committee (2021 – present)
- NCACES membership committee co-chair (2022 – present)
- NCACES Conference proposal review (2021, 2019, 2017)
- NARACES Graduate Student Representative (2018-2020)

Association for Assessment and Research in Counseling (AARC)

- Assessment Committee (member, 2019-present)

Association for Specialists in Group Work (ASGW)

- Research Committee (member, 2018-present)
- Research Mentorship Program Mentor (2021-2022)
- Conference Program reviewer (2020, 2018)
- Research grant reviewer (2021, 2019)

American Counseling Association of New York

- Graduate Student Chair (2018-2019)

UNIVERSITY

Northern Illinois University

- University Assessment Panel (college representative)
- University Library (department representative)
- Qualitative Inquiry Collaborative (executive board member)
- Counseling Program Admission Committee (member)
- Counseling Program Assessment Committee (member)
- Counseling Program Field Experience Committee (member)

COMMUNITY

MenHealing

- Program Evaluation Project Co-director
- Weekends of Recovery Facilitator

**COUNSELING EXPERIENCE**

**Community Counseling and Training Center at Northern Illinois University**

Dekalb, IL

Faculty Counselor and Clinical Supervisor

08/2020 - Present

- Provide individual counseling
- Provide individual and live supervision for practicum-level counselors-in-training

**The Meadows Integrated Outpatient Clinic at Helio Health**

Syracuse, NY

*Per diem Mental Health Counselor*

05/2017-03/2019

*Doctoral Clinical Intern*

10/2016-04/2017

- Provided individual, couple, family, and group counseling in a community outpatient setting for clients with a full range of mental health diagnoses

**Center for International Services, Syracuse University**

Syracuse, NY

*Graduate Assistant*

08/2017-05/2019

- Coordinated the Connections program, a peer mentoring program that serves approximately 300 first-year

international undergraduate students annually

-Provided weekly consultation for mental health and student affairs issues pertaining to international students

**Boston Area Rape Crisis Center (BARCC)**

Cambridge, MA

*Clinical Intern*

09/2015 – 05/2016

-Provided trauma-informed short-term individual, couple, family and group counseling in an outpatient setting for survivors with various forms of sexual trauma and their significant others

-Co-facilitated a two-phased trauma-based group, *Healing from Trauma for Male-identified Survivors*, for adult male survivors of sexual trauma

-Collaborated with in-house services including crisis hotline, case management, medical advocacy, legal advocacy, community outreach and prevention.

**Psychiatric Emergency Services, Boston Medical Center**

Boston, MA

*Clinical Intern*

01/2015 – 05/2015

-Provided crisis interventions and assessments in a multidisciplinary crisis team

-Conducted psychiatric evaluations, determined appropriate level of care, performed bed searches and executed referrals for client

**Center for Counseling and Psychological Services, Fudan University**

Shanghai, China

*Intern Counselor*

06/2013 – 06/2014

-Provided brief individual psychological support for students with behavioral and emotional concern in a college counseling setting

**Undergraduate Affairs Office (UAO), Fudan University**

Shanghai, China

*Student Affair Counselor*

09/2010 – 06/2014

-Served as an advisor for up to 200 undergraduates and addressed issues related to their psychological, social and academic needs

-Attended in-services training on student affairs counseling, leadership development, crisis intervention and case discussion

**PROFESSIONAL AFFILIATIONS**

Association for Chinese Helping Professionals and Psychologists – International	2020 - present
Association for Specialists in Group Work	2017 - present
Association for Assessment and Research in Counseling	2017 - present
Society for Psychotherapy Research	2016 - present
American Counseling Association	2014 - present
Association for Counselor Education and Supervision	2014 - present

**LANGUAGE SKILLS**

English: Proficient (Oral & Written)

Mandarin Chinese: Native Speaker